

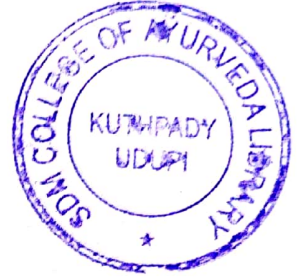
Rajiv Gandhi University of Health Sciences, Karnataka
Final Year M.D. / M.S. Ayurveda Degree Examination - 04-Mar-2025

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA
PURVA KARMA – SNEHANA AND SVEDANA - PAPER-I
(REVISED SCHEME-3)
Q.P. CODE: 3557

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.



Answer All The Questions

10 X 10 = 100 Marks

1. Define Rukshana. What are their types, benefits and methods of administration? Explain its utility in treating various clinical conditions.
2. What is Mastishkya? Explain planning and procedure of Shirobasti in managing Ardita Vata and Nidranasha.
3. What is Avapeedhaka Sneha? Write planning and method of administration in treating Mutravaha Sroto Vikara.
4. Enlist the benefits and mode of action of Abhyanga vis a vis massage therapy with research updates.
5. What is Vicharana Sneha? Explain its indications, types and utility in treatment of various clinical conditions.
6. What is Svedana? Enlist various Niragni Sveda with their clinical applications.
7. What is Drava Sveda? What are their types and indications? Explain the clinical application, procedure and complications of Pizhichil along with their management.
8. Enumerate the indications of Chaturvidha Sveda. Explain indications and procedure of Snigdha Pinda Sveda in detail.
9. What is Nadi Sveda? What are the differences between traditional and contemporary methods of Nadi Sveda? Explain indications and procedure of Ksheera Bashpa Sveda in detail.
10. Enlist Sagni Sveda. Explain indications and procedures of Jentaka and Holaka Sveda along with their relevance in contemporary practice.
